



Informed Consent for Massage Therapy and/or Reflexology

**Amy Ilton
Christina Mathers**

Massage Therapy and Reflexology have been demonstrated to be highly effective treatments for pain, discomfort, headaches and other conditions that impact the quality of our lives. They have also been shown to contribute to your overall well being. The risk of injuries or complications from these treatments is substantially low.

Therapists who use manual therapy techniques are required to advise patients that there may be risks associated with such treatment. In particular you should note that while rare, some patient's have experienced redness, soreness, bruising and/or tissue strains. The possibility of significant injury from massage therapy or reflexology is extremely remote.

I acknowledge I have discussed, or have had the opportunity to discuss with my Therapist, the nature and purpose of the treatment as well as contents of this Consent. I have filled out the Health History form to the best of my knowledge and will advise my Therapist of any changes in my condition prior to treatment.

We value your business and thank you for your confidence in choosing us as your health care providers. We will respect your privacy and protect your personal information and want you to be aware of our commitment to protect the information you share. Information collected will not be released without your written consent. Medical information collected is protected under the Personal Health Information Protection Act, 2004 (PHIPA).

I acknowledge responsibility for timely payment for services. Failing to attend a scheduled appointment without providing 24 hours will result in a fee equal to the cost of the appointment or a late cancellation fee.

I intend this consent to apply to all my present and future massage therapy and/or reflexology care.

Date: _____

Patient's Name: _____ Signature: _____

Witness Name: _____ Signature: _____

Treatment Fees for Amy

30 Minutes	\$60.00
45 Minutes	\$75.00
60 Minutes	\$95.00
75 Minutes	\$115.00
90 Minutes	\$135.00
Reflexology (Amy)	\$60.00

Treatment Fees for Christina

30 Minutes	\$60.00
40 Minutes	\$70.00
50 Minutes	\$80.00
60 Minutes	\$91.00
80 Minutes	\$112.00
90 Minutes	\$130.00